

LOMOND HILLS

It is possible to start your ramble onto the Lomond Hills from Falkland by taking the minor road and climbing the steep, windy road to Craigmead Car Park. Or you can meander through the estate to join this road half way there. Or you can simply park at Craigmead to start your long, slow climb onto either hill. I say slow because that is the best way to appreciate these hills and the views they offer looking towards and beyond both the Forth & Tay Estuaries. It is not, in my opinion, possible to reach either peak by wheelchair due to gradients but if you feel you have the right wheels then "go for it" on Falkland Hill.



New path to West Lomond

West Lomond is the highest point in the whole of Fife, at 522 metres (1712 feet) but unfortunately the final 100 metres is too steep for wheelchairs and scooters. However, at 422 metres the view is extensive.

Access to Falkland Hill from Craigmead is by chicane which the larger scooter might struggle to get through. The accessible path goes around the south side of the hill and takes you to a gate leading to the Car Park. This gate requires a key (available from the Lomond Hills Regional Park rangers at Pitcairn) which then allows you access to a good track to the top of Falkland Hill (424m/1390 ft, also called East Lomond)

Once on the hillsides there is a real "away from it all" feeling. The skies are high and the views long – well, on good weather days that's true. But whenever you go remember to

wrap up well or take appropriate warm clothing as it is quite high and the weather can change quite suddenly.

Further information from:

Falkland Heritage Trust: 01337 858838 admin@falklandht.org.uk

Pitcairn Centre: 01592 741212 www.fifedirect.org.uk fife.countryside@fife.gov.uk

www.fifecoastalpath.com >walks for everyone>lomond hills

FACTFILE	
MAP	Ordnance Survey map 58 & 59
GRID REFERENCE start/finish	Craigmead: NO 227062
PARKING	Craigmead
PUBLIC TOILETS	Craigmead Car Park W/C (L) Daylight hours opening
DISTANCE	Linear: 4 miles x2 walks
LANDSCAPE	Hillside with views over Tay and Forth Estuaries